

# Herbal Legacy Recipes

## Not Grandma's Butterscotch Cookies

contributed by Amy Jones

These cookies really remind me of my Grandma's Butterscotch Cookies, but they are way easier to make (and healthier).

1 cup applesauce  
½ cup canola oil  
1 cup honey  
2 t vanilla  
1 t apple cider vinegar  
1 ¼ t baking soda  
1 t salt  
2 cups whole wheat flour

In a medium mixing bowl blend together applesauce, oil, honey, vanilla and vinegar until smooth. In a separate bowl mix soda, salt and flour. Add flour mixture to wet ingredients and stir together. Scoop out batter by tablespoons and place on a greased cookie sheet. These are more of a cake-like cookie.

Bake at 325 F for 8-10 minutes

Yield: 3 dozen

If desired you could add ½ cup of carob chips. I like to add chopped pecans and make a simple glaze frosting out of organic powdered sugar, soy milk and vanilla.

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