

Herbal Legacy Recipes

Pea & Cauliflower Salad

INGREDIENTS:

2 parts cauliflower
1 part peas, cooked
1 part parsley, finely chopped
Lettuce
Dressing

DIRECTIONS:

Low heat cauliflower until sweet and break into small pieces; add peas and parsley. Place on bed of lettuce leaves and add dressing to taste.