

# *Herbal Legacy Recipes*

## Red Cabbage and Sweetened Dried Cranberries

Adapted from <http://www.atoka.qc.ca/>

Yield: 4 servings

Ingredients:

- 5 cups red cabbage shredded
- 6 oz sweetened dried cranberries
- ½ Lemon juice
- 1 tablespoon olive oil
- Salt and pepper

Heat the olive oil in a pan. Add the cabbage and stir. Turn down heat and cover pan. Cook slowly until the cabbage is soft.

Add cranberries and cook for a further few minutes. Season with salt and pepper and add enough lemon juice to give it a little tartness.