

# Herbal Legacy Recipes

## Crock Pot Indian Vegetable Curry

from About Vegetarian Food

### INGREDIENTS:

- 3 potatoes, chopped
- 1 cauliflower, chopped
- 1 1/2 cups green peas
- 3 tomatoes, chopped
- 3/4 tsp turmeric
- 1/2 tsp chili powder
- 1 1/2 tsp cumin
- 1 tsp curry
- 1 cup water



### DIRECTIONS:

Place all ingredients in a crock pot or slow cooker. Cook on low for 5 to 6 hours. Serve over brown rice.

Herbal Legacy Recipes

<http://www.herballegacy.com/Recipes.html>

© Copyright 2008 Herbal Legacy