

# *Herbal Legacy Recipes*

## **Summer Soup or Gazpacho**

from Every Woman's Herbal

In the blender place:

Several cut-up, ripe tomatoes

1 clove garlic, peeled

1 stick celery, cut-up

1 green pepper, cleaned and cut-up

2 teaspoons basil or 2 tablespoons fresh basil

1 teaspoon sea salt

½ teaspoon paprika

Blend until smooth, strain through a colander, and serve cold. If you prefer warm soups you can warm it up a little on the stove.

Herbal Legacy Recipes

<http://www.herballegacy.com/Recipes.html>

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