

Herbal Legacy Recipes

Holiday Wassail

from Dr. Christopher's Herb Shop Springville, UT

INGREDIENTS:

- 1 whole vanilla bean,
- 1 whole nutmeg,
- 1 whole cinnamon stick,
- 1/2 teaspoon of whole cloves,
- 2 heaping tablespoons of orange peel, we use organic.
- 1 gallon fresh apple juice



DIRECTIONS:

Mix wassail, herbs and 2 cups fresh apple juice in large saucepan, let simmer 1/2 hour. Add remaining apple juice let simmer another hour garnish with orange slices.

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