

Herbal Legacy Recipes

Zucchini Chips

from Master Herbalist Yvonne Salcido

Enjoy no guilt “potato chips”

- Slice zucchini 1/4” thick (wash first)
- Soak in water with Nama Shoyu, celtic sea salt, or real salt overnight or four hours, or you can just sprinkle with any of the above to taste.
- Dry until crisp



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